

# COMMUNITY Resources

Here is a list of resources for therapists, psychiatrists, food pantries, and much more within the Kendall County area community.

**Kendall County Health Department:** provides counseling, financial assistance, environmental and community health support. Access services remotely by calling (630) 553-9100.

**Centennial Counseling:** provides counseling to individuals and families.  
Yorkville office: (630) 553-1600  
Sandwich office: (815) 786-8606

**Joi Counseling:** provides counseling to children, adolescents, adults and families. Their Yorkville office can be reached at (630) 553-9868.

**Call4Calm:** provides free 24-hour emotional assistance to those struggling with the COVID-19 pandemic. Text TALK 552020 or HABLAR for Spanish to be linked to a counselor in the area.

**Whole Family Integrative Health:** provides counseling services. Their Yorkville office can be reached at (630) 385-2784

**Crisis Text Line:** provides 24-hour support to anyone who is having a crisis. Text HELLO to 741741 to be linked to a crisis trained counselor.

**Family Counseling Service:** provides counseling support and services. Spanish language services are available. Their Aurora office can be reached at (630) 844-2662

**Neighborhood Counseling Associates Inc:** provides counseling support and services. Spanish language services are available. They have two locations, Plano and Boulder Hill, and can be reached out (630) 844-3001

**Aunt Martha's:** provides both health and wellness services. Spanish language services are available. Their Aurora location can be reached at (877) 692-8686

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**Ben Gordon Center:** provides mental health counseling and substance abuse treatment. They have two locations; Sandwich (815) 786-7544 and Dekalb (815) 756-4875

**AMITA Healthy Mercy Center Behavioral Health:** provides support groups and services for mental/behavior health concerns. Their Aurora location also has a 24-hour emergency hotline (630) 801-2657

**VNA Fox Valley Health Services:** provides health care and mental health services. Their Aurora location can be reached at (630) 892-4355

**Helmar Lutheran Food Pantry:** located at 11935 Lisbon Road in Newark. The pantry is open the second Friday of each month from 5-7pm and the fourth Monday of each month from 3-5pm

**Harvest Food Pantry:** located at 5315 Douglas Road in Oswego. The pantry is open on the fourth Monday of each month from 3-5pm.

**Kendall County Food Pantry:** providing a shopping cart full of groceries in a drive-thru operation from 12-6pm in Yorkville. Be sure to bring your Food Pantry ID. If you need an ID email [info@kccfp.org](mailto:info@kccfp.org) with your name and phone number to gain assistance.

**The Store Food Pantry at Harvest Chapel:** provides food and personal care products on the second and fourth Saturday's from 9-11am in Sandwich.

**St. Mary's Food Pantry:** located at 904 N. Lew Street in Plano. This pantry is open on the third Friday of each month from 6-8pm

**Newark Grade School:** provides lunches to students. Call (815) 695-5143 for more information.