

# MAY 2023

## Lisbon Grade School

### LUNCH



**Choice of Low-Fat White milk and Fat-Free Chocolate milk served daily.**



**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

### MONDAY

Popcorn Chicken  
Green Beans  
Peaches  
Chex Mix

1

### TUESDAY

Salami & Cheese  
on Bun  
Salad w/ dressing  
Frozen Mixed Berries  
Granola Bar

2

### WEDNESDAY

Chicken Patty on  
Bun  
Peas  
Mixed Fruit  
Fruit Snacks

3

### THURSDAY

Ham & Cheese  
Sub  
Raw Carrots w/ ranch  
Frozen Strawberries  
Rice Krispy Treat **SLD**

4

### FRIDAY

Soft Shell Beef Taco  
(salsa, s/c, cheese)  
Corn  
Applesauce  
Charlie Brown Pie

5

Pancakes or French  
Toast, Sausage Links  
Hashbrown Patty  
Blueberries  
Gogurt

8

Soft Shell Pork Taco  
(salsa, s/c, cheese)  
Corn  
Pears  
Pudding Cup

9

Corn Dog or Mini  
Corn Dogs  
Potato Wedges  
Peaches  
Granola Bar

10

BBQ Beef on Bun  
Peas  
Applesauce  
Cookie

11

Hot Ham & Cheese  
On Bun  
Raw Carrots w/ ranch  
Frozen Mixed Berries  
Rice Krispy Treat

12

Beef Nachos  
(salsa, s/c, cheese)  
Corn  
Pears  
Cookie

15

BBQ Pork on Bun  
Sugar Snap Peas  
Frozen Fruit Cup  
Chex Mix

16

**SLD**

Salami & Cheese  
Wrap  
Veggie Straws  
Apple  
Fruit Snacks

17

**SLD**

Ham & Cheese Sub  
Raw Carrots  
Frozen Strawberries  
Gogurt

18

**SLD**

Cheese Quesadilla  
Salad w/ dressing  
Frozen Apricots  
Granola Bar

19

Grilled Chicken  
Caesar Salad  
Raw Carrots w/ ranch  
Applesauce  
Cookie

22

**NO LUNCHES**  
**ALL SCHOOL ZOO**  
**FIELD TRIP**

23

Ham & Cheese Wrap  
Corn  
Peaches  
Granola Bar

24

**NO**  
**SCHOOL**

25

Hot Dog on Bun  
Chips  
Frozen Strawberries  
Gogurt

26

**SLD**

**Memorial Day**

29

30

31

