

OCTOBER 2024

LISBON GRADE SCHOOL

LUNCH



Choice of Low-Fat White and Fat-Free Chocolate milk served daily.



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Blank lunch menu for Monday.

Cheese Quesadilla **1**
Peas
Peaches
Fruit by the Foot

Beef Nachos **2**
Corn
Applesauce
Pudding Cup

BBQ Pork on Bun **3**
Carrots
Pears
Fruit Bar

Hot Dog on Bun **4**
Baked Beans
Apple Slices
Rice Krispy Treat

Hot Ham & Cheese on Bun **7**
Green Beans
Mixed Fruit
Jell-O Cup

Biscuit & Gravy **8**
Hashbrown Patty
Blueberries
Gogurt

Mac -n- Cheese **9**
Broccoli
Peaches
Chex Mix

Chicken Caesar Salad **10**
Raw Veggies w/Ranch
Applesauce
Fruit Snacks

NO SCHOOL **11**

 **14**

Soft Shell Beef Taco **15**
Corn
Pears
Graham Snacks

Chicken Strips **16**
Peas
Mixed Fruit
Pudding Cup

Mini Corn Dogs **17**
Nacho chips w/ chz
Broccoli
Peaches
Rice Krispy Treat

Lasagna Roll-ups **18**
Carrots
Frozen Strawberries
Cookie

Hamburger or Cheeseburger on Bun **21**
Baked Beans
Applesauce
Fruit Bar

Chicken Nuggets **22**
Broccoli
Pears
Jell-O Cup

Pancakes w/ syrup **23**
Sausage
Hashbrown Patty
Blueberries
Gogurt

Cheese Tortellini **24**
Peas
Frozen Strawberries
Chex Mix

NO SCHOOL **25**

Buttered Noodles **28**
Carrots
Peaches
Brownie

Popcorn Chicken **29**
Salad/Raw Veggies
Pears
Granola Bar

Chili **30**
Cornbread
Broccoli
Applesauce
Cookie

Mummy Wrap **31**
Ghost & Bat Chips
Vampire Teeth
Gooley Brain Bits
Halloween

